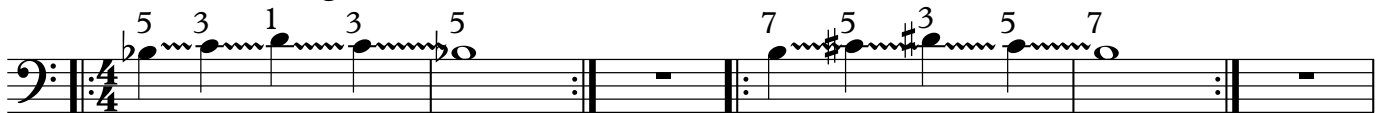


High Range: When working on high range, one must concentrate on: 1. the aperture creating a smaller opening (picture an adjustable lens on an old camera) by moving inwards- never spreading or flattening 2. having the tip of the tongue down to allow the air to go straight through the aperture (this is why they say "think down when you play high") 3. ensure that the back of the tongue has stayed in a neutral position (not low or high). There are two main exercises that I use to solidify these concepts Do-Re-Mi. **First on the mouthpiece**, glissing as much as possible between notes. Once this feels comfortable, and the range has been expanded, alternate between mouthpiece and **playing the exercise on your horn with alternate positions**, trying to stay within a partial. Bonus points for the most amount of gliss! Also- play this mp to maintain relaxation throughout.



mp

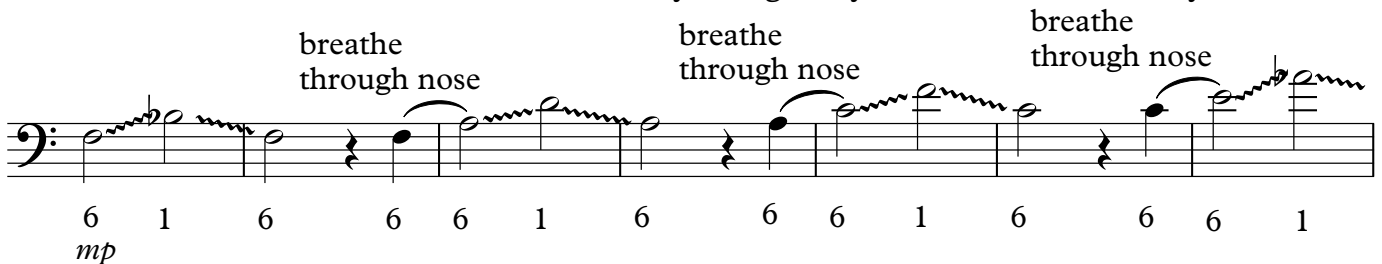
1x mouthpiece, 2nd x horn



Continue as high as you can

The second exercise is like calisthenics for your aperture and surrounding muscles. Always play 6th position to 1st to 6th as **slowly** as your air allows. Focus on supplying the air to the aperture to fuel maximum vibration. When you are finished the first partial, breathe through your nose (to ensure there is no movement or re-setting), play the note you ended on, then the next partial up and 6 to 1 to 6. Repeat by moving up partials, breathing through your nose between each.

****take a break after this exercise. It is very taxing and you want to take care of yourself!



mp

